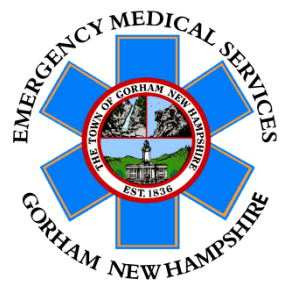




Gorham Fire and EMS

Town of Gorham New Hampshire

Main Street Gorham NH 03581 603-466-2549



March 27, 2020

Gorham Property Owners, residents and visitors,

The officials of the Town of Gorham have been following the ongoing COVID 19 pandemic and have been making decisions based off of all available CDC and DHHS guidelines.

Governor Sununu has issued a stay in place order which will be in effect from Friday March, 27th at 11:59 PM through May 4th. The order includes closing all non-essential businesses and limiting travel to encourage residents to stay home. The intention of this is to limit the spread of COVID 19.

Town of Gorham officials have been following developments across the state and feel the need to implement further steps to keep our residents healthy. We are asking that all individuals (including residents and friends/tenants/guests) who have traveled back to, or into, the area be considered as a "high risk" in relation to carrying the COVID 19 virus. *This includes everyone, regardless whether or not the person has a history of symptoms related to the virus, or if the person has had any exposure to a known sick person.*

"High Risk" individuals are being asked to self-quarantine for a period of 14 days upon arrival in town. This means not leaving your house to go to restaurants, for shopping, for recreation or any other activity where exposure to other people may occur. Going outside in your yard, going for a walk on an empty road, or going for a ride in your vehicle are not considered as breaking the quarantine. This voluntary quarantine relies upon individuals to use common sense, good judgement, and concern for the safety of others in the community. We are relying upon your full cooperation to help slow the growth of this virus in our Town.

We would like to remind everyone of the recommended protective measures by the CDC and other agencies which will help to keep you healthy: frequent hand washing, cover coughs and sneezes, clean/disinfect households and practice social distancing.

The Town will do its best to support self-quarantined individuals. For help, further information or advice, please call the Town office at 466-3322. Important phone numbers to remember include: Gorham Fire/EMS 466-5611 and Gorham Police 466-3336. Individuals needing assistance should call 603-728-4443 to be connected to local volunteers.

Individuals who become ill and feel they may need medical attention should first CALL, (not visit) the Gorham office of Coos County Family Health at 466-2741, or the Androscoggin Valley Hospital at 752-2200. For after-hours questions call 211, which is the state COVID information line. Individuals requiring emergency medical attention should call 911.

Please remember that the capacity of our local health care system will be quickly overwhelmed if the spread of the disease is allowed to run unchecked. If there are any further questions in regards to who should self-quarantine please reach out to Fire Chief Philip Cloutier at 466-5611.

Chief Philip Cloutier
Gorham Fire/EMS, Health Officer, EMD