

GORHAM SENIOR & ADULT PROGRAM, MARCH 2024

Monday, March 4th

Mt. Washington SnowCoach - Gorham, NH

Bus Departs 10:15am return time approx. 12:30pm

Mt Washington Auto Road/Great Glen Trails has offered us a deep discount!

Mt. Washington SnowCoach transports guests to tree line on the Mt. Washington Auto Road, at approximately 4,200 feet, into a sub-arctic world for a truly unforgettable adventure. All tours are narrated by expert guides and the SnowCoaches are **warm** and **comfortable**.

Sign up by February 23rd.

Trip Cost: \$49 Residents of Gorham / \$51 Non-Residents

Tuesday, March 5th

Maine Mariners Hockey Game, Friendly's – Portland, Maine

Bus Departs 7:30am return time approx. 4:30pm. Puck Drop 10:30am

Watch the Maine Mariners (ECHL Affiliate of the Boston Bruins) host the Worcester Railers.

We will stop for a lunch at Friendly's on our way home. Trip fee includes game tickets and bus fee.

Lunch is self-pay. **Must sign up by February 23rd. Minimum of 6 persons required for trip.**

Trip Cost: \$33 Residents of Gorham / \$35 Non-Residents

Thursday, March 7th

Dinner & 13 - The Musical at M&D Playhouse – Conway, NH

Bus Departs 4:30pm return time approx. 9:45pm. Show time is 7:30pm.

Dinner at Muddy Moose then 13 - The Musical. 13 is a coming-of-age musical about fitting in and standing out, and discovering that "cool" is sometimes where we least expect it. Dinner is self-pay.

Trip Fee: \$40 Residents of Gorham / \$42 Non-Residents

Tuesday March 12th

Settlers Green, Mountain Moose, Market Basket – Conway, NH

Gorham Rec 10:00am - 3:00pm

We will shop at settlers green and have lunch at Mount Moose. Mountain Moose has Asian Noodle Bowls, Rice Bowls and "build your own" Ramen Dishes. After lunch we will stop for groceries at Market Basket. Lunch is self-pay.

Trip Fee: \$5 Residents of Gorham / \$7 Non-Residents

Thursday, March 14th

River Lanes Bowling – Bethel, ME

Bus Departs 11:30am return time approx. 3:00pm

Lunch then bowling at River Lanes. Trip fee includes bus, bowling and shoe rental. Lunch is self-pay.

Trip Fee: \$14 Residents of Gorham / \$16 Non-Residents

Friday, March 15th

Savvy Seniors: Greg Alnwick – Pain and Wellness

Rec Department 1:30pm – 3:00pm

Greg Alnwick PT, DPT, TPS from NCH Patient Care Center will hold a presentation for us about wellness, pain management and pain free living.

Cost: FREE *Please sign up with Andrea*

Tuesday, March 19th

Crafting At The Rec – Spring Bunny Wreath

Gorham Rec 1:00pm - 3:00pm

Join us to make a simple and festive Bunny Wreath. Wrap rope around the frame and finish with a bow and some carrots! All wreath making materials are included!

Class Cost: \$12.00 *Please sign up with Andrea*



Wednesday March 20th

Oxford Casino – Oxford, Maine

Bus departs 9:00am return time approx. 4:00pm

Bus Fee: \$5 Residents of Gorham / \$7 Non-Residents

Thursday, March 21st

Read With Me!!!

Gorham Rec 10:00am – 11:00am

3rd grade students from Ed Fenn will be back to practice their reading skills! Please join us!

Cost: FREE *Please sign up with Andrea*

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Monday, March 25th

Lunch and Paint – Woodstock Brewery & Fired on The Mountain, Lincoln NH

Bus departs 11:00 return time approx. 4:30pm

We will have lunch at the Woodstock Brewery then on to a painting class at Fired on the Mountain. Lunch is self-pay. Trip fee includes bus and painting.

Trip Fee: \$35 Residents of Gorham / \$37 Non-Residents



Wednesday, March 27th

Crafting At The Rec – BUNNIES!

Gorham Rec 1:00pm - 3:00pm

Join us to make the cutest little bunnies! Perfect to give as an Easter gift or just to bright up your space! All materials included. Very easy to make!

Class Cost: \$10.00 makes 2 bunnies

Please sign up with Andrea



Thursday, March 28th

Scratch Ticket Bingo at the REC!!!

Gorham Rec 1:00pm – 3:00pm

*To play please purchase and bring with you ONE \$1, \$2 & \$3 ticket (\$6 in scratch tickets) *

Additional cards: \$2 in scratch tickets each

Must register in advance, all tickets collected will be given out as winnings



First Day of Spring
March 19th 2024

GORHAM SENIOR AND ADULT PROGRAM MARCH 2024 REGISTRATION FORM

To register for any of the activities, please call, email, mail or drop off the attached completed registration form and payment to:
Gorham Recreation Department, 33 Exchange Street, Gorham, NH 03581. **Pickup at Gorham Recreation Dept. and Birch Grove only, unless prearranged with Andrea. Please arrive 15 minutes early.** If you have any questions, please call or email Andrea at
(603)466-9866, apearl@gorhamnh.org.

Name: _____

Address: _____

Home Phone: _____ Cell: _____

Email: _____ Emergency Contact and #: _____

Please check off the events you wish to attend below.

- ☐ SnowCoach: **\$49 Resident / \$51 Non-Resident**
- ☐ Maine Mariners Hockey Game: **\$33 Resident / \$35 Non-Resident**
- ☐ Dinner and 13 The Musical: **\$40 Residents / \$42 Non-Resident**
- ☐ Settlers Green, Mountain Moose, Market Basket: **\$5 Resident / \$7 Non-Resident**
- ☐ River Lanes Bowling: **\$14 Resident / \$16 Non-Resident**
- ☐ Read With Me!!! - Gorham Rec: **FREE**
- ☐ Savvy Seniors, Greg Alnwick -Pain and Wellness: **FREE**
- ☐ Crafting At The Rec - Bunny Wreath: **\$12**
- ☐ Oxford Casino: **\$5 Resident/\$7 Non-Resident**
- ☐ Lunch and Paint: **\$35 Resident/\$37 Non-Resident**
- ☐ Crafting At The Rec - BUNNIES: **\$10 makes 2**
- ☐ Scratch Ticket Bingo at the REC!!!

Cost to play is: ONE \$1, \$2, and \$3 ticket (\$6 in scratch tickets) please arrive with tickets.

Additional card cost: \$2 in scratch tickets each

Shelburne, Randolph, Berlin, and Milan are considered non-resident

Trip pricing includes **Bus Fee** and **Tickets**. Lunch pricing is **not** included and is pay your own.

****Senior Flex and Stretch class will be held Tuesday and Thursday mornings 9am at the Recreation Dept.****

Payment enclosed: _____

All activities have a limited availability. Please sign up quickly, as it will be on a first come first serve basis. **Gorham residents will have one week priority to sign up for trips after the schedule is released. Non-residents will be waitlisted until Friday, February 23rd, which is the date sign-ups open to non-residents.** Please return fees with completed registration form. Bus fees may be collected the day of the trip. Trips may be cancelled if there are not enough people signed up. Fees will be credited if this happens. There will be a waiting list kept for trips in case of cancellations.

I am open for suggestions on places to go and things you like doing! Please feel free to share some ideas: